2: Boissevain E-5 (1960-1961) 1965
EZ6 Malta EZ6

796 aware of their separateness, and realized that both incense and
[123] gunpowder were ingredients basic to the celebration of a festa.

The actual celebration of the feast can be divided into three parts: the Triduum or Novena – the three to nine days of spiritual preparation which precede the feast day – the eve of the feast, and the day of the feast. As the feast is usually celebrated on a Sunday so that more people can come, the Triduum days are Wednesday, Thursday and Friday. High Mass is offered on these days, and in the evenings outside priests often come to preach sermons on religious topics related to the life of the patron saint. They are also days of preparation during which the elaborate street decorations are hoisted into place. Throughout the day the village is psychologically conditioned to the festa by salvoes of aerial bombs which are often timed to coincide with the ringing
[533] of the Paternoster and the Angelus. On the last day of the Triduum, after the final sermon, the village band marches through the main streets. Often the band is preceded by a mass of dancing and shouting enthusiasts of both sexes, who wave coloured scarves, silver loving cups and other symbols of their loyalty to
[578] their band and their saint. In villages where there are competing
[575] band clubs, this demonstration often provokes fights between rival supporters. These skirmishes are usually sparked off by the bands of girls who hoarsely shout themselves into a frenzy proclaiming the virtues of their saint and the shortcomings of their rivals. There are no visitors during this part of the feast.

On Saturday, the eve of the feast, there is a High Mass and Te Deum to mark the end of the Triduum. This is usually followed by a barrage of aerial fireworks. The local band then often marches through the village, stopping at all the clubs for drinks.
[273] This march is usually quite gay but in some villages it degenerates into a drunken spree. During the day, outside priests are brought
[783] in specially for the festa to hear confessions in the church. In the late afternoon, visitors begin to arrive to watch the Translation, a ceremony during which the celebrant, usually the Bishop, takes a relic of the saint on a short procession outside the church. After
[533] the Translation, the various guest bands march through the village and then settle down to play selections from operas and works composed by Maltese bandmasters. The many relatives and friends of the bandsmen join the gaily dressed crowds who have been streaming in by bus and car or on foot.

[v. 44]

262 369 In respect of diet an important distinction between town and country emerges. In the towns the diet is essentially 'Italian' with the full complement of spaghetti and other pasta dishes while 'English' food is now also readily available; but in the country districts there is notably less pasta and its place is taken by potatoes and other vegetables. The townsman who has in any case to buy all his food has accepted Italian ideas on diet with certain local, Maltese modifications, but the countryman, still able to produce much of his own food, clings to vegetables for the bulk constituents of his diet. Bread is however a staple of both town and country (v. Section 2).

272 273 262 511 A range of soft drinks, commercial wines, spirits (whiskey is very popular throughout Maltese society) are now standard elements in the diet, while luxury foods such as chocolate, biscuits and the wide range of sweet cakes ('qaq') are further examples of items which have now established themselves as needs and, consequently, as demands on the family purse.

178 291 Nowadays clothes (or at least the materials from which they are made) are bought by the housewife. This in itself has produced a minor revolution in rural economy. Traditionally the simple garments of cotton cloth were made at home or at least within the village and were worn by the field worker until they could be worn no more. Today a new range of clothing demands have appeared. The farmer now wants better clothes and footwear, but the greatest change is among the younger farming generation who want to dress like the youths of the towns. The retail sale of clothing in the rural districts has expanded rapidly. especially since the 1939-45 War years brought in the widespread use of military surplus material.

423 362 511 Housing is important in the present consideration because money is now being spent by the farmer both on buying his own house where he can but also on developing it and improving the furnishings.

[178] Having seen the comparatively well-appointed town dwellings he is not content with his poor country cottage

178 511 There is also a wide range of incidental luxury or semi-luxury items which are being added to the list of 'needs'. Thus costs of travelling, entertainment and recreation all require money. Payments to the Church have now largely replaced the one-time gifts in kind, and taxes, paid by a few members of the farming community, can clearly only be met with cash.

451 511 [123] The first difficulty in investigating BUDGETS is the typical reticence to talk on matters financial. The second and more important draw-back is the aforementioned

7: Busuttil I, Y-4, 5 (no date) 1894
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Cathedral Church of Notabile on the eve of the said festival.

On the morning of the feast—as soon as the procession, which is led by the Bishop, enters the Cathedral Church—large crowds, especially of country people in their substantial holiday finery, and wearing their hoarded ornaments of massive gold, drive at a racing speed to Boschetto, where, careless of the excessive heat of a broiling sun, they divide into companies and under the shades of the leafy orange trees in the beautiful garden, they seem quite happy in eating their sumptuous dinners, consisting chiefly of stewed rabbit, ham, pies, cheese and an allowance of common wine, which they keep in large dark glass bottles, or in tin cans where the indispensable liquid is less liable to being spilt.

7: Busuttil I, Y-4, 5 (no date) 1894
EZ6 Malta EZ6

527 No reason can be assigned for the
174 origin or meaning of keeping St. Mar-
tin's feast as a day of merriment among
[171] the Maltese. The usage is persisted
in without any association or tradition
to account for it, but the merry mak-
ing in the neighbouring island of
Sicily at this time of the year, when
the new wine is made use of for the
first time.

527 Wine drinkers are of opinion that
262 one can judge best of the flavour of
273 wine after eating some nuts first—
this perhaps is the reason why nuts are
made so much use of on this merry
day.

174 Moresin refers the great doings on
527 this occasion to an ancient Athenian
festival observed in honour of Bacchus,
on the 11th, 12th, and 13th days
of the month of *Anthesterion*, corres-
ponding with our November.

7: Busuttil I, Y-4, 5 (no date) 1894
EZ6 Malta EZ6

787 585 533 in a rage, and he could not be persuaded to go back to his wedding before the organist could be found and the organ played for the occasion.

PAYING VISITS

• 273 594 576 825 If a person goes to pay a visit, for the first time, to a party and is not treated with a sort of drink called *zambur* — made of aniseed—a mouse enters the chest of drawers and gnaws all the petticoats of the mistress of the house.

SENDING TO THE OVEN

252 562 Some people think it a great shame for a woman who sends dishes to be cooked in an oven when her husband is away from the Island.